

Monee Elementary Good Character Club

Activity Menu for TRUSTWORTHINESS

Due September 29th



Option 1: Book Review

Go to the library and check out a book that discusses **trustworthiness**. Write a review about the book answering the following questions:

- What is the title/ author?
- What is the book about?
 - Kindergarten/1st Grade: Draw a picture of the book you read about trustworthiness.
 - 2nd/3rd Grade: Draw a picture of a character doing something that either WAS or WAS NOT being honest/reliable/trustworthy.
 - 4th/5th Grade: Write 3-5 sentences explaining something that WAS or WAS NOT being honest/reliable/trustworthy in the story. You may also draw a picture to add to your explanation.

Examples of Books about Trustworthiness/Honesty

- The Bernstein Bears and the Truth
- Sam Tells Stories
- Edward Fuddwupper Fibbed Big
- The Wolf Who Cried Boy
- A Big Fat Enormous Lie
- Pickers is a Thief
- Howard B. Wigglebottom On Yes or No: A Fable About Trust

Option 2: Draw or Write

- Kindergarten/1st: Draw a picture of a good friend and label the picture with words describing a good friend.
- Grades 1-5: List (5-10) traits of a good friend. Which words describe someone who is trustworthy? Circle them.

Option 3: Make a Web

Make a web--in the center, write the word **Trustworthy**. On the branches write the following: Home, School, and Neighborhood. Under each branch, list 3 ways you are **trustworthy** in each setting.

Option 4: Acrostic Poem

Write a poem in which each letter stands for what **TRUST** means to you.

Example:

T is for...

R is for...

U is for...

Option 5: Social Media Campaign

Create a project that shows examples of being **trustworthy** on social media. Some ideas include:

- Write a list of 5 ways to demonstrate **trustworthiness** while using social media
- Draw a picture or comic strip that shows how you are **trustworthy** while using social media

Option 6: Get a Second Opinion

Interview an adult in your life. Ask the adult to explain different situations in which trustworthiness was found to be very valuable. Write down who you spoke to, a summary of his/her answer and what you think about what he/she said in 3-5 sentences.

Option 7: Play a Game (Family or Group)

The purpose of this activity is to show how hard it is to cover up a lie once it is told.

- Fill a bucket or container/bowl halfway with water. Have a quarter and handful of pennies on hand.
- Explain that the quarter represents a lie that you tell. Drop the quarter into the bucket.
- Give each person a few pennies. Each penny represents another lie you tell to cover up the original lie. Each person gets to drop their pennies into the bucket attempting to cover the quarter.
- After everyone has dropped their pennies, look at the original lie, the quarter. If they were not successful in covering the lie, then they got caught telling a lie, and got caught telling all the other lies. If they are successful in covering the original lie, then count how many lies it took to cover for one lie.
- Point of the lesson---telling a lie is not a good thing to do, and it is hard to cover up the lie and not get caught. The better course of action is try to be honest at all times, even if there are consequences for telling the truth.
- **Write 3-5 sentences about what you learned from this activity.** If you choose, you can add a picture of you and your family playing the game.